



Carbonell Gymnastic Club and the Sportive Integral Gymnastics Association with the sanction of the Sportive Federation of Gymnastics and Afines of Costa Rica have the honor of inviting you to the Tenth International Championship Estrellas Gimnas-Ticas (Gymnastic Stars).

Last year we had a very successful tournament with the participation more than 500 athletes, representing 31 clubs from Dominican Republic, Costa Rica, Ecuador, United State, El Salvador, Guatemala, México, Panamá, and Puerto Rico y Venezuela. This year, we will be hosting the event in The National Gymnasium.

- Dates:** June 16 to July 20, 2010
Place: National Gymnasium, La Sabana, San Jose Costa Rica
- Gymnastics' Levels:** Women's: Levels I,II, III, IV, V, VI, VII, VIII, IX & X (USA Gymnastics Levels), PAGU A & B and FIG
Men's: Levels IV, V, VI, VII (USA Gymnastics Levels)
Level VIII: PAGU A (11-12)
Level IX: PAGU B (13-14) AND FIG
- Registration Fee:** Obligatory Levels USAG I, II, III, IV, V, VI: **\$55.00** for athlete
Opcional Levels VII, VIII, IX, X (PAGU A y B) y FIG: **\$80.00** for athlete
TEAM: **\$50.00** for team, for each level, there take 3 better scores of each team.
- FIG levels there will be additional prizes:**
First Place: **\$1000**
Second Place: **\$500**
Third Place: **\$300**

Up to date information can be found on our web page www.clubcarbonell.com.

Please send requests for information and registrations to estrellasgimnasticas@yahoo.com.mx or gimnasia@clubcarbonell.com or by fax, to +506 2231 3819. To communicate directly with us, please phone +506 2290 5672



Gymnastics Regulation

Each club may register as many athletes as desired by age in each level, 1 trainer and 2 judges for each area (Men's and Women's).

The competition will be individual by category in each level and by club. For the club competition, the top 3 scores for each level for the club will be used to determine the winning club.

All clubs and sports centers that wish to may participate by sending the attached registration sheets.

The age for the participants is the age reached during the period January 1, 2008 to December 31, 2010. A valid passport or birth certificate will be required.

The required programs for USA Gymnastics will regulate the competition along with the PAGU rules for the pertinent levels.

Each club has to present in guarantee of his Federation to can realize the registration.

Uniforms

All athletes should be correctly uniformed with their club emblem according to FIG regulations. Accreditation documents and numbers will be supplied when the registrations fees are canceled.

Judges

Judges must present their International or National cards, attend the technical workshop to be held and use official competition dress with rubber soled shoes.

Awards

All athletes participating will receive certificates of participation. For each event at all levels, 1st 2nd and 3rd places will be awarded gold, silver and bronze medals respectively. 4th to a maximum 10th depending on the number of participants will be awarded bronze medal; 1st 2nd and 3rd places all around will be awarded trophies. Trophies will be awarded to winning clubs.



X CAMPEONATO INTERNACIONAL ESTRELLAS GIMNAS-TICAS 2010

CLUB GIMNÁSTICO CARBONELL

Tel. 506 2290 5672 - Fax: 506 2231 3819 - gimnasia@clubcarbonell.com - www.clubcarbonell.com

Women	Age Groups	Men	Age Groups
Level I	4-5, 6-7, 8-9, 10-11, 12 ⁺	Class 4	6-7, 8-9,10-11,12+
Level II	4-5, 6-7, 8-9, 10-11, 12+	Class 5	7-9, 10-12, 13+
Level III	4-5, 6-7, 8-9, 10-11, 12+	Class 6	8-9, 10-12, 13+
Level IV	6-7, 8-9, 10-11, 12+	Class 7	9-10, 11-12, 13+
Level V	6-7, 8-9, 10-11, 12+	Class 8	11- 12, 13-14, 15+
Level VI	7-8, 9-10, 11-12, 13+	Class 9	15+
Level VII	8-9, 10-12, 13+	Class 10	FIG Open
Level VIII	9-10, 11-12, 13+		
Level IX	11-12, 13+		
Level X	Open		

Registration

Registration is opened as of today and will close on Friday, May 29, 2010.

The completed registration forms, which are included, should be sent to estrellasgimnasticas@yahoo.com.mx or gimnasia@clubcarbonell.com or to fax +506 2231 3819.

All clubs must present the authorization of the Federation to which they belong.

The registration fees should be paid at the event. All participants should have their own medical and accident insurance to cover any eventual accidents or illness since the Organizing Committee does not assume responsibility for such incidents.

Tentative Competition Schedule

Wednesday June 16:		Delegations Arrive
Thursday June 17:	8am	Training Gymnastics
	6pm	Inauguration
Friday June 18:	8am	Competition & Training Gymnastics
	8pm	
Saturday June 19:	8am	Competition & Training Gymnastics
	8pm	
Sunday June 20:	8am	Competition Gymnastics
	12 noon	End of Competition

The final schedule will be published by May 29 after all registrations have been received.